

**EDUCATION AUTHORITY ARMAGH OFFICE
CATERING SERVICES**

| | Week commencing: 4th January 2018. | Week commencing: 8th January 2018. | Week commencing: 15th January 2018. | Week commencing: 22nd January 2018. | Week commencing: 29th January 2018. |
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| Monday |  | Savoury mince or grilled bacon & homemade stuffing, peas, cauliflower cheese, mashed potatoes and gravy. Muffin. | Oven baked 100% cod Fish fingers or pasta bolognaise, Peas/sweetcorn, mashed potatoes and gravy. Shortbread biscuit. | Homemade Chicken curry & wholegrain rice or steakburger in a floury bap, peas/sweetcorn, potato wedges/mashed potato. Fruit muffin. | Grilled bacon or chicken fricassee and rice, peas/carrots, mashed potato and gravy. Muffin. |
| Tuesday | | Roast chicken, homemade stuffing, peas/carrots, roast potato & mashed potatoes and gravy. Chocolate mousse. | Roast pork or roast chicken, carrot/parsnip, homemade stuffing, roast potato, mashed potato and gravy. Cookie. | Fish fingers or chicken tortilla wrap (plain,bbq,sweet chilli), mixed salad, chips/mashed potato. Ice cream tub. | Homemade vegetable soup, wheaten bread, steakburger in a floury bap or tuna roll. Flakemeal biscuit. |
| Wednesday | | Oven baked pork sausages or peppered beef & wholegrain rice, peas/sweetcorn, chips/mashed potato. Fruit muffin. | Oven baked chicken nuggets or steak casserole, beans/turnip, mashed potatoes and gravy. Muffin. | Roast chicken or Roast gammon, homemade stuffing, peas/carrots, roast potato, mashed potato and gravy. Fruit cookie. | Roast turkey breast and homemade stuffing, peas/carrots, roast potato and mashed potato & gravy. Jelly tub. |
| Thursday | Oven baked breaded chicken goujons or steak casserole, beans, broccoli, mashed potatoes and gravy. Flakemeal biscuit. | Roast gammon & pineapple or chicken pasta bake, turnip/carrot, mashed potatoes and gravy. Jelly tub. | Savoury mince or grilled bacon & homemade stuffing, carrots/cabbage, mashed potatoes and gravy. Strawberry mousse. | Oven baked breaded chicken goujons or pork casserole, beans/broccoli, mashed potatoes and gravy. Flakemeal biscuit. | |
| Friday | Oven baked pork sausages or chicken pasta bake, salad/sweetcorn, chips/mashed potatoes. Strawberry mousse. | Cod bites or steak burger, salad selection/beans, chips/mashed potato. Ice cream wafer/tub. | Margarita pizza slice, bbq chicken drumstick, rice salad, coleslaw, chips/mashed potato. Ice cream tub. | Oven baked pork sausages or pasta with tuna and peas, salad/sweetcorn, chips/mashed potato. Ice cream tub. | |

Milk & Water available daily

Fruit and Yoghurt & Bread available daily

Menu subject to deliveries

If a child has an allergy, please contact the Principal/Unit Catering Supervisor

August 2017